

JUGGLING BALLS: STEP BY STEP for Grownups/ Older Siblings



Materials

- 6 Balloons (3 of one color, 3 of another)
- Rice
- Scissors
- Kitchen funnel
- Sticky tape

*Please note that this should be done step by step with younger kids to ensure safety and fewer mistakes.

Step 1

Place the funnel into the neck of a balloon and fill with rice. Keep adding rice until they are the size that is manageable. The bigger they are, the heavier they are and harder to throw for little ones.



Step 2

Cut the neck off the balloon **about halfway** leaving a small section to fold over. Use sticky tape to keep this in place and stop any rice coming out. (Kids can do this part).



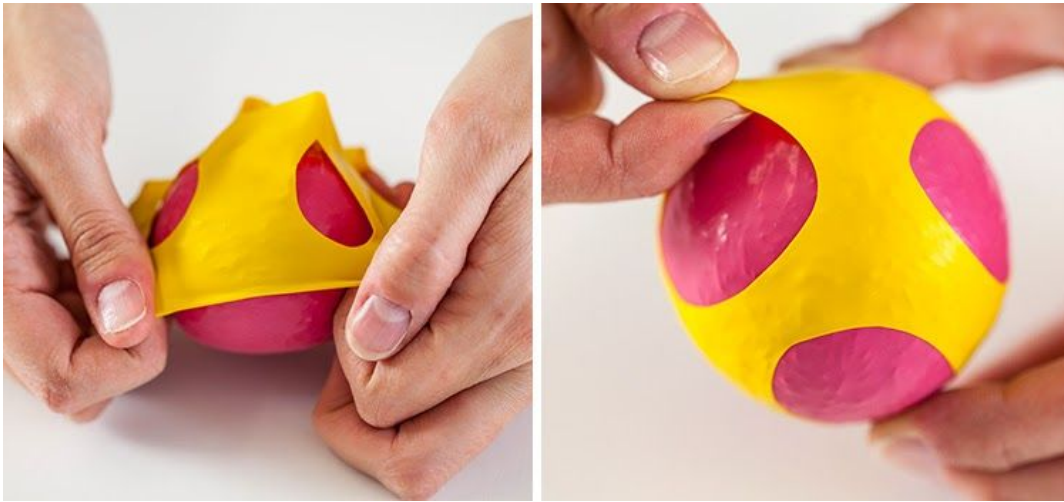
Step 3

Take a balloon in a different colour and cut off the neck. Stretch the balloon to loosen it up.
*OPTIONAL based on age/ skill level: Cut more holes around the balloon to allow your base colour to show through. You can make the holes as large or as small as you like.



Step 4

Carefully stretch your cut balloon over the rice-filled ball, covering the sticky tape to hold it firmly down.



Step 5

Make 3 balls per person and get juggling!



Step 6: Write names on them in Sharpie somewhere! Campers can decorate with stickers to personalize.